

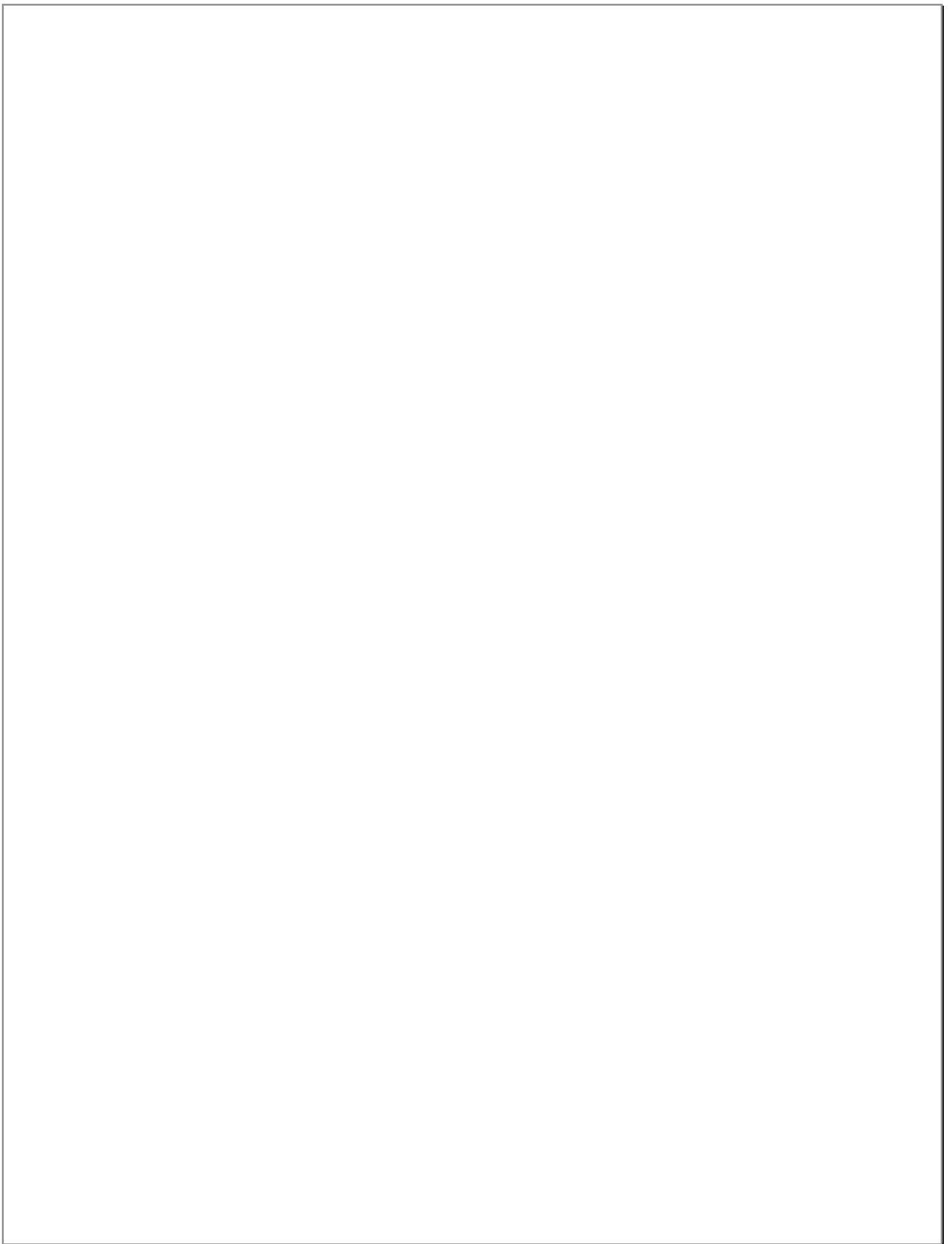


DeKalb County D.U.I. Court Supervised Treatment Program



Medication Guide 2012

DeKalb County State Court
Decatur, Georgia



**WELCOME TO THE DEKALB COUNTY
D.U.I. COURT SUPERVISED TREATMENT PROGRAM.**

This 2012 Medication Guide was developed as a collaborative effort by Becky Pirouz, Pharm.D., Director of Pharmacy, Peachford Hospital, and by Lois Michalove, Treatment Coordinator for the DeKalb County D.U.I. Court Supervised Treatment Program, both of whom have extensive experience in addiction recovery and treatment.

The following information is intended to assist you in making decisions about medications. This may include those medications that you are prescribed and/or your selection of over-the-counter (OTC) products. Unintended exposure may compromise your treatment program. This is not an exhaustive list, but contains some of the medications that are most commonly used. If in doubt, always consult the Treatment Coordinator. Please inform your physician, dentist, pharmacist and other health care professionals that you are in a recovery program.

WE ARE A ZERO-TOLERANCE PROGRAM!

DO NOT COMPROMISE YOUR RECOVERY BY MAKING HIGH-RISK CHOICES!

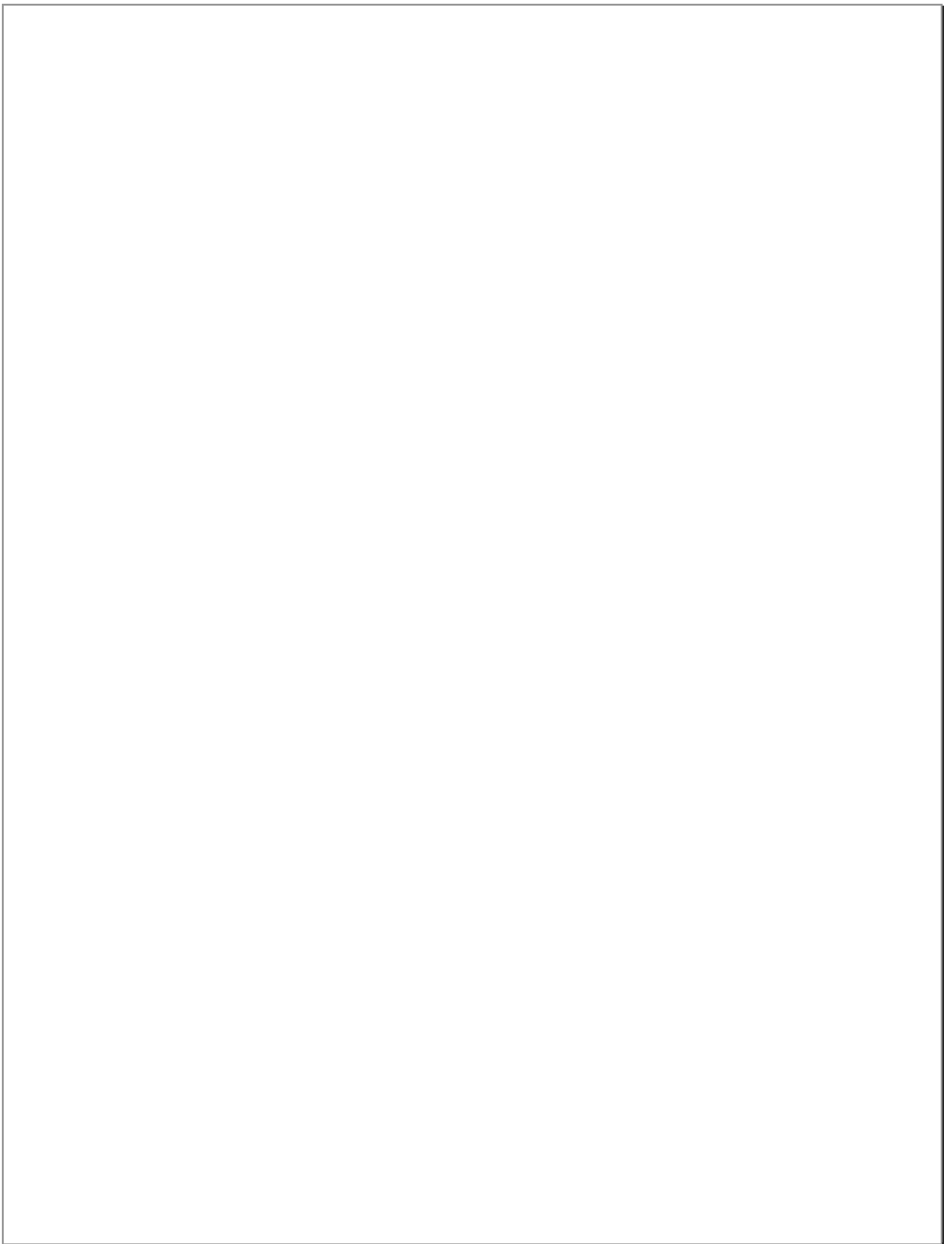


Table of Contents

Section 1 – Drugs to Avoid

Alcohol & Alcohol Containing Products.....	1
Cough & Cold Preparations.....	1
Drugs for Pain:	
Opiates / Opiate Like	2
Miscellaneous / Muscle Relaxants / Other	2
Sleep Aids & Tranquilizers:	
Benzodiazepines	2-3
Barbiturates	3
Miscellaneous.....	3
Stimulants:	
Amphetamine & Non-Amphetamine	4
Hallucinogens	4
Inhalants	4-5
Personal Hygiene	5
Other Substances to Avoid	5

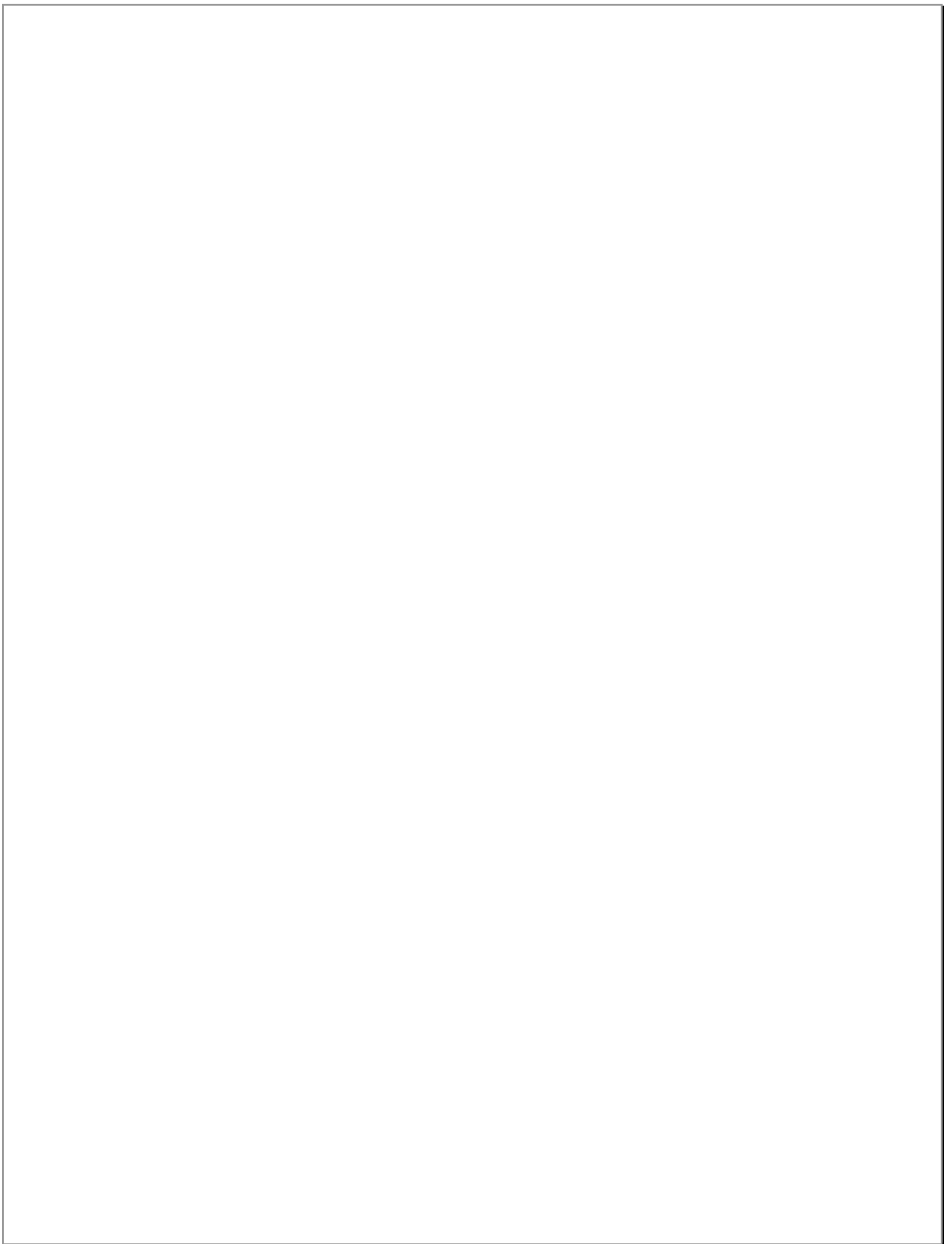


Table of Contents
Section 2 - Safe Medications

Addiction Treatments	8
ADHD / ADD	8
Alzheimers / Dementia	8
Antibiotics / Antivirals / Drugs for Infections:	
Oral	8
Topical	9
Antihistamines / Allergies:	
Non-Sedating	9
Sedating	9
Asthma / Allergies / COPD / Pulmonary Disorders	9-10
BPH / Prostate	10
Cardiovascular	10
Cough / Colds / Nasal Congestion / Chest Congestion:	
Cough & Expectorant Preparations	11
Decongestants	11
Nasal Gels & Sprays - OTC	11
Prescription	11
Diabetes / Blood Sugar	12
Erectile Dysfunction	12
Eye Disorders / Dry Eye / Glaucoma	12
Gastrointestinal Products:	
Antacids / Gerd - OTC	13
Antacids / Gerd - Prescription	13
Constipation	13
Diarrhea / Gas	13
IBS / Colitis / Chrohn's	14

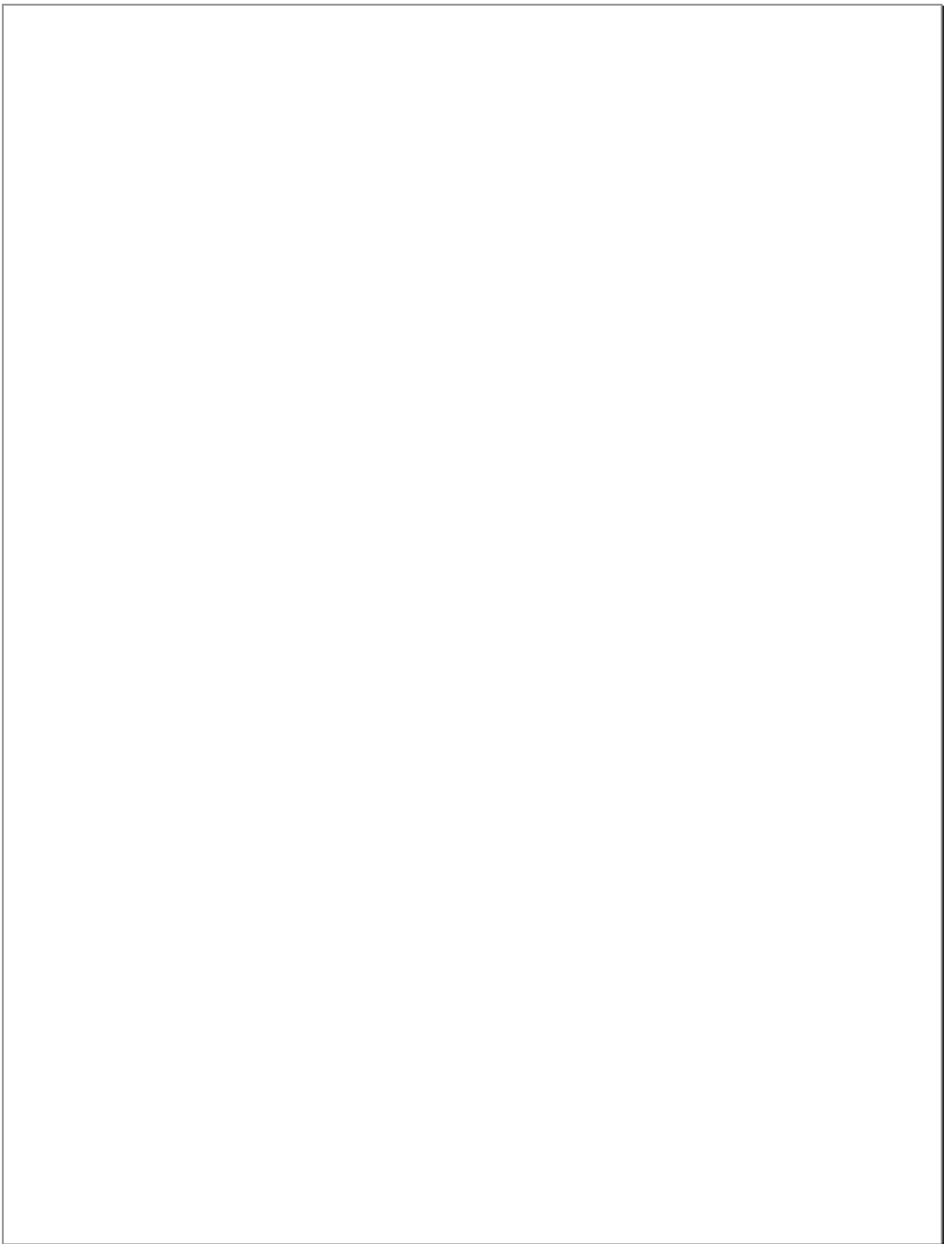


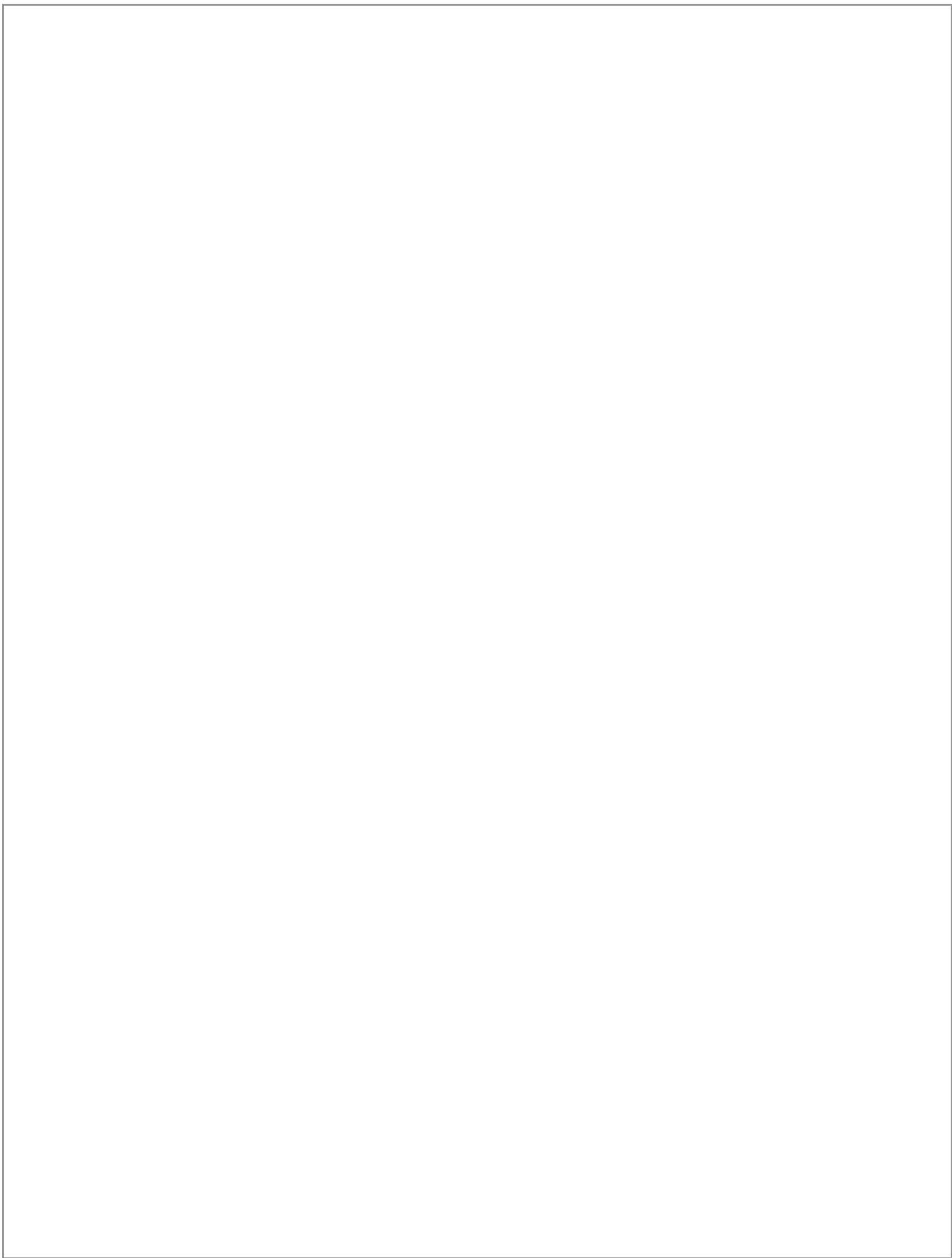
Table of Contents

Section 2 - Safe Medications

(Continued)

Gastrointestinal Products – cont’d:

Nausea - OTC	14
Nausea - Prescription.....	14
Stomach Cramps.....	14
Gout.....	14
Gynecologic / Hormones / Birth Control.....	15
Hemorrhoids	15
HIV / AIDS Treatment	16
Household Cleaning Products	16
Incontinence / Overactive Bladder / Cystitis.....	16
Mental & Emotional Disorders / Mood Stabilization / Depression / Bipolar / Schizophrenia / Seizures	17
Migraine / Headaches.....	17
Pain Relief	18
Parkinsons Disease.....	18
Personal Hygiene Products	18
PTSD / Nightmares / Flashbacks	19
Sleep Aids.....	19
Thyroid Replacement & Anti-Thyroid	19
Vitamins / Herbals.....	20
Weight Loss / Appetite Control	20



- Section 1 -

Drugs To Avoid

The following drugs must not be used at any time. They are well known to be abused and even small amounts may result in relapse and are contraindicated in your treatment program. However, extenuating circumstances may occur which necessitates the short-term limited use of some of the drugs on this list in consultation with your physician, the Judge and the Treatment Coordinator. This decision should be made prior to your ingestion of any of the *Drugs to Avoid*.

ALCOHOL & ALCOHOL CONTAINING PRODUCTS:

- ❖ Ales
- ❖ Beers (including Non-Alcoholic forms)
- ❖ Liqueurs
- ❖ Malt Beverages
- ❖ Whiskey
- ❖ Wine (including Non-Alcoholic forms)
- ❖ Wine Cooler



- *Note that many liquid cough / cold preparations, vitamin preparations and other liquid OTC and prescription medications may contain alcohol – use the tablet forms. Additionally, some topical products, soft-gels and capsules may contain alcohol and should be avoided.*

COUGH & COLD PREPARATIONS:

The below list contains some common products, but it is not an exhaustive list.

❖ Hydrocodone Combo Products:

- Duratuss
- Hycodan Tabs
- Hycodan Syrup
- Hycomine
- Hycotuss
- Hydromet
- Tussionex
- VicoTuss

❖ Codeine Combo Products:

- Ambenyl
- Guiatuss
- Mytussin Nucofed
- Phenergan w/Codeine
- Robitussin AC

❖ Dextromethorphan:

- Contac
- Comtrex
- Delsym
- Mucinex DM
- Nyquil
- Robitussin DM
- Vicks Formula 44D

- *Any preparations containing narcotics (such as Codeine, Hydrocodone and/or Dextromethorphan) should not be used. Additionally, any liquid preparation may contain alcohol. READ LABELS and ASK YOUR PHARMACIST!*

DRUGS FOR PAIN:

❖ Opiates / Opiate Like:

- Buprenorphine (*Subutex, Buprenex*)
- Buprenorphine / Naloxone (*Suboxone*)
- Butorphanol (*Stadol*)
- Codeine (*Tylenol w/Codeine, Fiorinal w/Codeine, ASA w/Codeine*)
- Fentanyl (*Duragesic Patch, Innovar Injection, Actiq Lozenge, Fentanyl Nasal Spray, Sublimaze*)
- Hydrocodone & Combinations (*Lorcet, Lortab, Norco, Tussionex, Synalgos, Synalgos DC, Hycodan Syrup*)
- Hydromorphone (*Dilaudid*)
- Heroin (*Smack, Junk, Horse*)
- Levorphanol (*Levo-Dromoran is injection only.*)
- Meperidine (*Demerol, Mepergan Fortis*)
- Methadone (*Dolophine*)
- Morphine (*MS Contin, Kadian, Roxanol, various*)
- Nalbuphine (*Nubain*)
- Oxycodone & Combinations (*Oxycontin, Percocet, Roxicodone, Oxy IR, Percodan, Tylox, Roxicet*)
- Paregoric
- Pentazocine & Combinations (*Talwin, Talacen*)
- Tincture of Opium

❖ Miscellaneous / Muscle Relaxants / Other:

- Carisoprodol (*Soma, Soma Compound*)
- Chlorzoxazone (*Parafon Forte*)
- Cyclobenzaprine (*Flexeril*)
- Diphenoxylate / Atropine (*Lomotil*)
- Methocarbamol (*Robaxin, Robaxisal*)
- Orphenadrine (*Norflex, Norgesic*)
- Pregabalin (*Lyrica*)
- Tramadol (*Ultram*)

➤ *All propoxyphene and preparations (Darvon, Darvocet, Dolene) have been removed from United States markets, but are still available in some foreign countries.*

SLEEP AIDS & TRANQUILIZERS:

❖ Benzodiazepines:

- Alprazolam (*Xanax*)
- Clonazepam (*Klonopin*) – May be used for seizure disorders – must be approved by the Treatment Coordinator.

SLEEP AIDS & TRANQUILIZERS – cont'd:

- Clorazepate (*Tranxene*)
- Diazepam (*Valium*) Estazolam (*Prosom*) **
- Flurazepam (*Dalmane*)
- Halazepam (*Paxipam*) **
- Lorazepam (*Ativan*)
- Midazolam (*Versed*)
- Oxazepam (*Serax*)
- Quazepam (*Doral*)
- Temazepam (*Restoril*)
- Triazolam (*Halcion*)

** *Estazolam (Prosom)*
and Halazepam (Paxipam)
are marketed outside of the
United States.

❖ Barbiturates - Oral:

- Amobarbital / Secobarbital (*Tuinal, AMAS Trees, Rainbows*)
- Butobarbital (*Butisol*)
- Butalbital (One of the combination ingredients in *Fiorinal, Fioricet, Endolor, Cephadyn, Esgic, Esgic Plus, Donnatal* and others.)
- Mephobarbital (*Mebaral*)
- Pentobarbital (*Nembutal, Yellow Jackets, Cafatine* – PB is combo drug)
- Phenobarbital (*Luminal, Blue Heavens*, various trade names. Phenobarbital is also contained in *Donnatal*.)

❖ Barbiturates – Injectable:

- Amobarbital (*Amytal*)
- Methohexital (*Brevital*)
- Pentobarbital (*Nembutal*)
- Thiopental (*Pentothal*)

❖ Miscellaneous:

- Chloral Hydrate (*Noctec, Somnote*)
- Eszopiclone (*Lunesta*)
- Meprobamate (*Miltown, Equanil*)
- Zaleplon (*Sonata*)
- Zolpidem (*Ambien*)

STIMULANTS:

❖ Amphetamine:

- Benzphetamine (*Didrex*)
- Dextroamphetamine (*Dexedrine, Dexies, Hearts*)
- Lisdexamfetamine (*Vyvanse*)
- Methamphetamine (*Desoxyn*)
- Mixed Amphetamine Salts (*Adderall, Adderall XR*)

❖ Non-Amphetamine:

- Cocaine
- Diethylpropion (*Tenuate*)
- Fenfluramine (*Pondimin*) - - No longer available in the United States.
- Methylphenidate (*Ritalin, Methylin, Metadate*)
- Methylphenidate ER (*Concerta, Metadate, Ritalin SR, Daytrana, Methylin SR*)
- Phendimetrazine (*Melfiat, Phenazine, Prelu-2, Bontril*)
- Phenmetrazine (*Preludin*) - - Not available in the United States.
- Phentermine (*Ionamin, Fastin, Adipex*)

HALLUCINOGENS:

- ❖ 5-MeO-DIPT (*Foxy Methoxy*)
- ❖ Bath Salts
- ❖ Cannabis (*Grass, Marijuana, Pot, Weed*)
- ❖ DMT (*Dimethyltryptamine*)
- ❖ Ketamine (*Special K*)
- ❖ LSD (*Acid, Blotter, Window Pane, Paper, Sunshine*)
- ❖ Marinol (*Dronabinol*) - May be used medicinally, but must be approved by Treatment Coordinator.
- ❖ MDMA (*E, Eckies, Ecstasy, Love Drug*)
- ❖ Mescaline (*Peyote*)
- ❖ PCP (*Angel Dust, Phencyclidine*)
- ❖ Psilocybin (*Magic Mushroom, "Shrooms"*)
- ❖ Spice
- ❖ STP (*DOM*)

INHALANTS:

- ❖ Acetone (*Nail polish remover*)
- ❖ Aerosols
- ❖ Airplane Glue
- ❖ Amyl Nitrate (*Poppers*)
- ❖ Butyl Nitrate

INHALANTS – cont’d:

- ❖ Gases (*Ether, Chloroform, Nitrous Oxide, Butane, Propane, whipped cream dispensers*)
- ❖ Paint (*Butane, Toluene, Propane*)
- ❖ Solvent (*Paint Thinner, Gasoline, Glue, Correction Fluid, Felt Tip Marker*)
- ❖ Varnish (*Xylene, Toluene*)

PERSONAL HYGIENE:

- ❖ Hand Sanitizers (unless alcohol free)



Do not use any product with Ethyl Alcohol listed as an ingredient. READ LABELS!

OTHER SUBSTANCES TO AVOID:

- ❖ Bisques & Soupls with added liqueurs
- ❖ Cooking Wines / Marinades (Marsala, Sherry, Wine Vinegar, some BBQ Sauces)
- ❖ Crème de Cacao
- ❖ Crème de Menthe (Grasshopper pie)
- ❖ Energy Drinks
- ❖ Extracts (Vanilla & other flavorings)
- ❖ Flambeed Meat or Dessert
- ❖ Grand Marnier (In mousses and other desserts)
- ❖ Kahlua
- ❖ Performance Enhancement Herbal Products
- ❖ Poppyseeds (Bagels, cakes)



Even after cooking, foods may retain varying amounts of alcohol. Check all ingredients and ask before ingesting.

- Section 2 -
Safe Medications
In Addiction Recovery

The drugs in this section are generally considered safe to take when in addiction recovery programs. However, use of any medications, including those prescribed by a physician as well as over-the-counter (OTC) drugs, can result in untoward effects. Some of the drugs on this list may result in a false positive urine drug screen. If in doubt, check with your Treatment Coordinator. Always inform your Treatment Coordinator if you are taking any drugs on this list.

It is a reality of addiction that it is easy to change from one “favorite” substance to another substance. Treatment program goals will help you be more aware of your tendency to want to manipulate your mood. If the necessity of utilization of medications occurs, you must be vigilant in informing your physician that you are recovering and keeping your Treatment Coordinator aware of your medications. This list is intended to assist you in selecting medications that will not negatively impact your treatment and recovery.



Do not use any medication, vitamin, herbal or topical liquid / lotion that has alcohol as an ingredient, or states that the medication may be habit-forming.

ADDICTION TREATMENTS:

- ❖ Acamprosate (*Campral*)
- ❖ Bupropion (*Zyban*)
- ❖ Clonidine (*Catapres*)
- ❖ Disulfiram (*Antabuse*)
- ❖ Naltrexone (*Revia*)
- ❖ Naltrexone (*Vivitrol*)
- ❖ Varenicline (*Chantix*)

ADHD / ADD:

- ❖ Atomoxetine (*Strattera*)
- ❖ Clonidine (*Catapres*)

ALZHEIMERS / DEMENTIA:

- ❖ Donepezil (*Aricept*)
- ❖ Galantamine (*Razadyne*)
- ❖ Memantine (*Namenda*)
- ❖ Rivastigmine (*Exelon*)

ANTIBIOTICS / ANTIVIRALS / DRUGS FOR INFECTIONS - Oral:

- | | |
|--|--|
| ❖ Acyclovir (<i>Zovirax</i>) | ❖ Erythromycin (<i>E-Mycin</i>) |
| ❖ Amoxicillin (<i>Amoxil</i>) | ❖ Fluconazole (<i>Diflucan</i>) |
| ❖ Amoxicillin / Clavulanate (<i>Augmentin</i>) | ❖ Gatifloxacin (<i>Tequin</i>) |
| ❖ Azithromycin (<i>Zithromax</i>) | ❖ Itraconazole (<i>Sporanox</i>) |
| ❖ Cefaclor (<i>Ceclor</i>) | ❖ Levofloxacin (<i>Levaquin</i>) |
| ❖ Cefadroxil (<i>Duricef</i>) | ❖ Loracarbef (<i>Lorabid</i>) |
| ❖ Cefdinir (<i>Omnicef</i>) | ❖ Metronidazole (<i>Flagyl</i>) |
| ❖ Cefpodoxime (<i>Vantin</i>) | ❖ Minocycline (<i>Minocin</i>) |
| ❖ Cefprozil (<i>Cefzil</i>) | ❖ Moxifloxacin (<i>Avelox</i>) |
| ❖ Cefuroxime (<i>Ceftin</i>) | ❖ Nitrofurantoin (<i>Macrochantin, Macrobid</i>) |
| ❖ Cephalexin (<i>Keflex</i>) | ❖ Oseltamavir (<i>Tamiflu</i>) |
| ❖ Ciprofloxacin (<i>Cipro</i>) | ❖ Penicillin (<i>Pen VK</i>) |
| ❖ Clarithromycin (<i>Biaxin</i>) | ❖ Sulfamethoxazole/Trimethoprim (<i>Bactrim, Septra</i>) |
| ❖ Clindamycin (<i>Cleocin</i>) | ❖ Tetracycline (<i>Sumycin</i>) |
| ❖ Doxycycline (<i>Doryx</i>) | ❖ Valacyclovir (<i>Valtrex</i>) |
| ❖ Doxycycline (<i>Vibramycin</i>) | |

ANTIBIOTIC / ANTIVIRAL / ANTIFUNGAL DRUGS - Topical:

- ❖ Acyclovir (*Zovirax*)
- ❖ Bacitracin/Polymyxin (*Polysporin*)
- ❖ Bacitracin/Polymyxin/Neomycin (*Neosporin*)
- ❖ Clotrimazole (*Lotrimin*)
- ❖ Docosanol (*Abreva*)
- ❖ Mycostatin (*Monistat*)
- ❖ Penciclovir (*Denavir*)
- ❖ Terbinafine (*Lamisil*)
- ❖ Tolnaftate (*Tinactin*)

ANTI-HISTAMINES / ALLERGIES:

❖ Allergies (Non-Sedating Antihistamines):

- Cetirizine (*Zyrtec*)
- Desloratadine (*Clarinet*)
- Fexofenadine (*Allegra*)
- Loratadine (*Claritin, Alavert*)

❖ Allergies (Sedating Antihistamines):

- Brompheniramine (*Dimetane*) **
- Chlorpheniramine (*Chlor-Trimeton*) **
- Clemastine (*Tavist*) **
- Diphenhydramine (*Benadryl*) **
- Hydroxyzine (*Atarax, Vistaril*) **

**** These products on the left should only be used with Treatment Coordinator approval as they may cause sedation and may negatively impact your recovery.**

ASTHMA / ALLERGIES / COPD / PULMONARY DISORDERS:

❖ Inhalers:

- | | |
|--|-------------------------------------|
| ○ Albuterol (<i>Pro-Air, Ventolin</i>) | ○ Ipratropium (<i>Atrovent</i>) |
| ○ Albuterol/Ipratropium (<i>Combivent</i>) | ○ Levalbuterol (<i>Xopenex</i>) |
| ○ Beclomethasone (<i>QVAR</i>) | ○ Mometasone (<i>Asmanex</i>) |
| ○ Budesonide (<i>Pulmicort</i>) | ○ Salmeterol (<i>Serevent</i>) |
| ○ Fluticasone (<i>Flovent</i>) | ○ Theophylline |
| ○ Fluticasone / Salmeterol (<i>Advair</i>) | ○ Tiotropium (<i>Spiriva</i>) |
| ○ Formoterol (<i>Foradil</i>) | ○ Triamcinolone (<i>Azmacort</i>) |

ASTHMA / ALLERGIES / COPD / PULMONARY DISORDERS – cont'd:

❖ Oral:

- Montelukast (*Singulair*)
- Zafirkulast (*Accolate*)

BPH / PROSTATE:

- ❖ Alfuzosin (*Uroxatral*)
- ❖ Doxazosin (*Cardura*)
- ❖ Dutasteride (*Avodart*)
- ❖ Finasteride (*Proscar*)
- ❖ Silodosin (*Rapaflo*)
- ❖ Tamsulosin (*Flomax*)
- ❖ Terazosin (*Hytrin*)

CARDIOVASCULAR:

(Blood Pressure / Anticoagulants / Anti-Platelet / Cholesterol Lowering / Diuretics)

- ❖ Amlodipine (*Norvasc*)
- ❖ Amlodipine/Benazepril (*Lotrel*)
- ❖ Aspirin
- ❖ Atenolol (*Tenormin*)
- ❖ Atorvastatin (*Lipitor*)
- ❖ Benazepril (*Lotensin*)
- ❖ Bumetadine (*Bumex*)
- ❖ Captopril (*Capoten*)
- ❖ Candesartan (*Atacand*)
- ❖ Carvedilol (*Coreg*)
- ❖ Cholestyramine (*Questran*)
- ❖ Clopidogrel (*Plavix*)
- ❖ Dalteparin (*Fragmin*)
- ❖ Digoxin (*Lanoxin*)
- ❖ Diltiazem (*Cardizem, Cardizem CD*)
- ❖ Enalapril (*Vasotec*)
- ❖ Enoxaparin (*Lovenox*)
- ❖ Ezetimibe (*Zetia*)
- ❖ Ezetimibe/Simvastatin (*Vytorin*)
- ❖ Fenofibrate (*Tricor*)
- ❖ Fosinopril (*Monopril*)
- ❖ Furosemide (*Lasix*)
- ❖ Gemfibrozil (*Lopid*)
- ❖ Heparin
- ❖ Hydrochlorothiazide (*Hydrodiuril*)
- ❖ Hydrochlorothiazide/Triamterene (*Maxzide, Dyazide*)
- ❖ Irbesartan (*Avapro*)
- ❖ Irbesartan/HCTZ (*Avalide*)
- ❖ Isosorbide (*Imdur, Isordil*)
- ❖ Lisinopril (*Zestril, Prinivil*)
- ❖ Losartan (*Cozaar*)
- ❖ Losartan/HCTZ (*Hyzaar*)
- ❖ Metoprolol (*Lopressor*)
- ❖ Niacin (*Niaspan*)
- ❖ Nisoldipine (*Sular*)
- ❖ Nitroglycerin
- ❖ Olmesartan (*Benicar*)
- ❖ Pravastatin (*Pravachol*)
- ❖ Propranolol (*Inderal*)
- ❖ Quinapril (*Accupril*)
- ❖ Ramipril (*Altace*)
- ❖ Rosuvastatin (*Crestor*)
- ❖ Simvastatin (*Zocor*)
- ❖ Sotalol (*Betapace*)
- ❖ Spironolactone (*Aldactone*)
- ❖ Torsemide (*Demadex*)
- ❖ Valsartan (*Diovan*)
- ❖ Verapamil (*Calan, Calan SR*)
- ❖ Warfarin (*Coumadin*)

COUGH / COLDS / NASAL CONGESTION / CHEST CONGESTION:

(See also Drugs for Allergies)

❖ Cough & Expectorant Preparations:

- Benzonatate (*Tessalon Perles*)
- Cepacol Lozenges
- Chloraseptic Lozenges
- Guaifenesin (*Humibid LA, Mucinex, Robitussin*)
- Halls Cough Drops
- Ludens Cough Drops



Avoid liquid preparations which may contain alcohol.

❖ Decongestants:

- Combination products with Pseudoephedrine (*Actifed, Cardec, Clartin D, Deconamine, Dimetapp, Entex PSE, Mucinex D, Novafed, Sudafed, Zyrtec D*)
- Combination products with Phenylephrine (*Entex LA, Nalex, Rondec, Rynatan, Sudafed Non-Drowsy, Tussafed*)



Decongestants should be used only with Treatment Coordinator approval because they are stimulating and can negatively impact your recovery.

❖ Nasal Gels & Sprays - OTC:

- Cromolyn (*NasalCrom*)
- Desoxyephedrine (*Vicks Nasal Inhaler*)
- Oxymetazoline (*Afrin, Dristan*) **
- Phenylephrine (*Vicks Sinex, 4 Way Nasal Spray, NeoSynephrine*) **
- Saline (*Ocean, Seasoft, Ayr*)
- Zicam Nasal Gel

***** Note the warning on OTC products to use for maximum of 3 days **.***

❖ Prescription:

- Azelastine (*Astelin*)
- Budesonine (*Rhinocort*)
- Fluticasone (*Flonase*)
- Ipratropium (*Atrovent*)
- Mometasone (*Nasonex*)
- Triamcinolone (*Nasacort*)

DIABETES / BLOOD SUGAR:

- ❖ Acarbose (*Precose*)
- ❖ Chlorpropamide (*Diabenese*)
- ❖ Exenatide (*Byetta*)
- ❖ Insulins (*Apidra, Humalog, Humulin, Lantus, Levemir, Novolog, Novolin, NPH, Regular*)
- ❖ Glimepiride (*Amaryl*)
- ❖ Glipizide (*Glucotrol*)
- ❖ Glyburide (*Diabeta, Micronase*)
- ❖ Linagliptin (*Tradjenta*)
- ❖ Linagliptin/Metformin (*Jentadueto*)
- ❖ Miglitol (*Glyset*)
- ❖ Nateglinide (*Starlix*)
- ❖ Pioglitazone (*Actos*)
- ❖ Repaglinide (*Prandin*)
- ❖ Rosiglitazone (*Avandia*)
- ❖ Sitagliptin (*Januvia*)

ERECTILE DYSFUNCTION:

- ❖ Sildenafil (*Viagra, Adcirca*)
- ❖ Tadalafil (*Cialis*)
- ❖ Vardenafil (*Levitra, Staxyn*)

***When in doubt,
ask your
Treatment
Coordinator!***

EYE DISORDERS / DRY EYE / GLAUCOMA:

- ❖ Betaxalol (*Betoptic*)
- ❖ Bimatoprost (*Lumigan*)
- ❖ Brimonidine (*Alphagan P*)
- ❖ Brinzolamide (*Azopt*)
- ❖ Carboxymethylcellulose (*Tears, Natural Tears, Systane*)
- ❖ Cyclosporine (*Restasis*)
- ❖ Dorzolamide (*Trusopt*)
- ❖ Dorzolamide / Timolol (*Cosopt*)
- ❖ Latanoprost (*Xalatan*)
- ❖ Metipranolol (*Optipranolol*)
- ❖ Tetrahydrozoline (*Visine, Clear Eyes*)
- ❖ Timolol (*Timoptic*)

GASTROINTESTINAL PRODUCTS:

❖ Antacids / Gerd - OTC:

- Aluminum / Magnesium / Calcium & Combo Products (*Alamag, Basaljel, Gaviscon, Maalox, Mag-Al, Mylanta, Riopan, Roloids, Rulox, Tums*, various generic products)
- Famotidine (*Pepcid*)
- Ranitidine (*Zantac*)
- Omeprazole (*Prilosec*)
- Omeprazole / Na Bicarb (*Zegerid*)

❖ Antacids / Gerd - Prescription:

- Deslansoprazole (*Dexilant*)
- Esomeprazole (*Nexium*)
- Metoclopramide (*Reglan*)
- Pantoprazole (*Protonix*)
- Rabeprazole (*Aciphex*)

❖ Constipation:

- Bisacodyl (*Dulcolax* – tablet / suppositories)
- Docusate (*Colace*)
- Fiber products (*Benefiber, Fibercon*)
- Glycerin Suppositories
- Magnesium Citrate
- *Milk of Magnesia*
- Mineral Oil
- Polyethylene Glycol (*Miralax*)
- Psyllium (*Metamucil, Benefiber*)
- Senna (*Senokot*)
- Senna / Docusate (*Peri-Colace*)

❖ Diarrhea / Gas:

- Bismuth Subsalicylate (*Pepto-Bismol, Kaopectate*)
- Loperamide (*Imodium*)
- Simethicone (*Mylicon*)

GASTROINTESTINAL PRODUCTS – cont’d:

❖ IBS / Colitis / Chrohn’s:

- Alosetron (*Lotronex*)
- Anticholinergic / Antispasmodics – (May be used for diarrhea like *Levsin*, *Bentyl*, *Anaspaz*)
- Lubiprostone (*Amitiza*)
- Mesalamine (*Asacol*, *Lialda*, *Pentasa*, *Rowasa*)



Do not use Donnatal as it contains Phenobarbital and will show positive in a urine drug screen.

❖ Nausea - OTC:

- Bismuth Subsalicylate (*Pepto-Bismol*, *Kaopectate*)
- Dimenhydrinate (*Dramamine*) **
- Meclizine (*Bonine*, *Antivert*) **
- Phosphorylated Carbohydrate (*Emetrol*)

***** May cause dizziness and/or drowsiness – use other products first. *****

❖ Nausea - Prescription:

- Metoclopramide (*Reglan*)
- Ondansetron (*Zofran*)
- Scopolamine (*Transderm Scop*)



Any other prescription drugs for nausea must be approved by the Treatment Coordinator prior to ingestion of medication.

❖ Stomach Cramps:

- Dicyclomine (*Bentyl*)
- Hyoscyamine (*Levsin*)

GOUT:

- ❖ Allopurinol (*Zyloprim*)
- ❖ Colchicine (Various)
- ❖ Febuxostat (*Uloric*)

GYNECOLOGIC / HORMONES / BIRTH CONTROL:

❖ Estrogens – Oral, Topical and Vaginal:

- *Premarin*
- *Menest*
- *Estrace*
- *Vagifem*
- *Femring*
- *Estring*
- *Enjuvia*
- *DepoProvera*

❖ Estrogen / Progestin Combos:

- *PremPro* (various)

❖ Estrogen / Receptor Modulator:

- *Evista*

❖ Estrogen / Testosterone Combos:

- *Estratest* (various)

❖ Oral Birth Control Pills

❖ Progesterone (*Prometrium*)

❖ Spermicides



*Vaginal and
topical gels and
spermicides may
have alcohol in
them.
READ LABELS!*

HEMORRHOIDS:

❖ Rectal Creams / Suppositories / Foams:

- Shark Liver Oil, Phenylephrine, Petrolatum (*Preparation H*)
- Hydrocortisone (*Anusol, Anusol HC, Preparation HC, Proctofoam*)
- Pramoxine and Pramoxine HC (*Proctofoam, Proctofoam HC*)

HIV / AIDS TREATMENT:

- ❖ Abacavir (*Ziagen*)
- ❖ Abacavir + Lamivudine (*Epzicom, Kyvexa*)
- ❖ Abacavir+Zidovudine+Lamivudine (*Trizivir*)
- ❖ Amprenavir (*Agenerase*)
- ❖ Atazanavir (*Reyataz*)
- ❖ Chloroquine (*Aralen*)
- ❖ Darunavir (*Prezista*)
- ❖ Delavirdine (*Rescriptor*)
- ❖ Didanosine (*Videx, Videx EC*)
- ❖ Efavirenz (*Sustiva*)
- ❖ Efavirenz+Tenofovir+Emtricitabine (*Atripla*)
- ❖ Emtricitabine (*Emtriva*)
- ❖ Enfuvirtide (*Fuzeon*)
- ❖ Etravirine (*Intelence*)
- ❖ Fosamprenavir (*Lexiva*)
- ❖ Hydroxychloroquine (*Plaquenil*)
- ❖ Hydroxyurea (*Hydrea*)
- ❖ Indinavir (*Crixivan*)
- ❖ Lamivudine (*Epivir*)
- ❖ Lopinavir+Ritonavir (*Kaletra*)
- ❖ Nelfinavir (*Viracept*)
- ❖ Nevirapine (*Viramune, Viramine XR*)
- ❖ Raltegravir (*Isentress*)
- ❖ Rilpivirine (*Edurant*)
- ❖ Rilpivirine (*Endurant*)
- ❖ Rilpivirine+Tenofovir+Emtricitabine (*Complera, Eviplera*)
- ❖ Ritonavir (*Norvir*)
- ❖ Saquinavir (*Invirase*)
- ❖ Stavudine (*Zerit*)
- ❖ Tenofovir (*Vilread*)
- ❖ Tenofovir+Emtricitabine (*Truvada*)
- ❖ Tipranavir (*Aptivua*)
- ❖ Zanamivir (*Relenza*)
- ❖ Zidovudine (*Retrovir*)
- ❖ Zidovudine+Lamivudine (*Combivir*)

HOUSEHOLD CLEANING PRODUCTS:

Be aware that many household cleaning products contain alcohol. Incidental exposure may result in a positive urine drug screen. Read labels and wear gloves.

INCONTINENCE / OVERACTIVE BLADDER / CYSTITIS:

- ❖ Darifenacin (*Enablex*)
- ❖ Fesoterodine (*Toviaz*)
- ❖ Oxybutynin (*Ditropan, Ditropan XL*)
- ❖ Solifenacin (*Vesicare*)
- ❖ Tolterodine (*Detrol, Detrol LA*)
- ❖ Phenazopyridine (*Pyridium*)

**MENTAL & EMOTIONAL DISORDERS / MOOD STABILIZATION /
DEPRESSION / BIPOLAR / SCHIZOPHRENIA / SEIZURES:**

- ❖ Amitriptyline (*Elavil*)
- ❖ Aripiprazole (*Abilify*)
- ❖ Atomoxetine (*Strattera*)
- ❖ Bupropion (*Wellbutrin*)
- ❖ Buspirone (*Buspar*)
- ❖ Carbamazepine (*Tegretol, Carbatrol*)
- ❖ Chlorpromazine (*Thorazine*)
- ❖ Citalopram (*Celexa*)
- ❖ Clozapine (*Clozaril*)
- ❖ Divalproex (*Depakote, Depakote ER*)
- ❖ Doxepin (*Sinequan*)
- ❖ Duloxetine (*Cymbalta*)
- ❖ Escitalopram (*Lexapro*)
- ❖ Ethosuxamide (*Zarontin*)
- ❖ Fluoxetine (*Prozac*)
- ❖ Fluvoxamine (*Luvox*)
- ❖ Gabapentin (*Neurontin*)
- ❖ Haloperidol (*Haldol*)
- ❖ Lamotrigine (*Lamictal*)
- ❖ Levetiracetam (*Keppra*)
- ❖ Lithium (*Eskalith*)
- ❖ Mirtazapine (*Remeron*)
- ❖ Nefazodone
- ❖ Nortriptyline (*Pamelor*)
- ❖ Olanzapine (*Zyprexa*)
- ❖ Oxcarbazepine (*Trileptal*)
- ❖ Paroxetine (*Paxil*)
- ❖ Perphenazine (*Trilafon*)
- ❖ Phenytoin (*Dilantin*)
- ❖ Quetiapine (*Seroquel*)
- ❖ Risperidone (*Risperdal*)
- ❖ Sertraline (*Zoloft*)
- ❖ Tiagabine (*Gabitril*)
- ❖ Zonisamide (*Zonegran*)
- ❖ Topiramate (*Topamax*)
- ❖ Trazodone (*Desyrel*)
- ❖ Valproic Acid (*Depakene*)
- ❖ Venlafaxine (*Effexor / Effexor XR*)
- ❖ Vilazodone (*Viibryd*)
- ❖ Ziprasidone (*Geodon*)

MIGRAINE / HEADACHES:

- ❖ Almotriptan (*Axert*)
- ❖ Amitriptyline (*Elavil*)
- ❖ Eletriptan (*Relpax*)
- ❖ Frovatriptan (*Frova*)
- ❖ Naproxen / Sumatriptan (*Trexima*)
- ❖ Naratriptan (*Amerge*)
- ❖ Rizatriptan (*Maxalt*)
- ❖ Sumatriptan (*Imitrex*)
- ❖ Topiramate (*Topamax*)
- ❖ Zolmitriptan (*Zomig*)

PAIN RELIEF:

❖ Oral:

- Acetaminophen (*Tylenol*)
- Aspirin (Various brands)
- Celecoxib (*Celebrex*)
- Diclofenac (*Voltaren*)
- Disalcid (*Salsalate*)
- Etodolac (*Lodine*)
- Ibuprofen (*Advil, Motrin*)
- Indomethacin (*Indocin*)
- Ketoprofen (*Orudis*)
- Ketorolac (*Toradol*)
- Meloxicam (*Mobic*)
- Nabumetone (*Relafen*)
- Naproxen (*Aleve, Anaprox, Naprosyn*)
- Oxaprozin (*Daypro*)
- Piroxicam (*Feldene*)
- Sulindac (*Clinoril*)

❖ Topicals:

- Aspercream
- Ben-Gay
- Epsom Salts
- Icy Hot
- Myoflex
- Zostrix (*Capsaicin*)

❖ Other:

- Acupuncture
- Chiropractic
- Heating Pad
- Ice
- Massage Therapy
- Stretching

PARKINSONS DISEASE:

- ❖ Carbidopa / Levodopa (*Sinemet*)
- ❖ Carbidopa / Levodopa / Entacapone (*Stalevo*)
- ❖ Entacapone (*Comtan*)
- ❖ Pramipexole (*Mirapex*)
- ❖ Ropinirole (*Requip*) - Also approved for Restless Leg Syndrome

PERSONAL HYGIENE PRODUCTS:

- ❖ *ACT Anti-Cavity Fluoride Rinse* (alcohol-free)
- ❖ *Choice DM*
- ❖ Cosmetics (alcohol-free only.)
- ❖ *Crest Pro-Health Rinse*
- ❖ Intensive Care Lotion (*Aquaphor*)
- ❖ Lotions / Creams (*Eucerin, Lubriderm, Vaseline*)
- ❖ Mouthwashes (alcohol-free only)
- ❖ Powders, Talcs
- ❖ *Rembrandt Intense Stain Removal*
- ❖ Solid Deodorants
- ❖ Solid Soaps or Liquid (alcohol-free)
- ❖ *Tom's of Maine Natural Cleansing Mouthwash*
- ❖ Toothpastes (*Colgate, Crest* - none listing ethyl)



Read package labels. Do NOT use any product listing ETHYL ALCOHOL as an ingredient.

PTSD / NIGHTMARES / FLASHBACKS:

- ❖ Prazosin (*Minipres*)
- ❖ Clonidine (*Catapres*)

➤ *See also some drugs listed under Mental & Emotional Disorders.*

SLEEP AIDS:

- ❖ Natural Remedies - (Meditation, Biofeedback, *Chamomile Tea, Sleepy-Time Tea, Warm Milk, Hot Bath*)
- ❖ Melatonin
- ❖ Ramelteon (*Rozerem*) – Rx only



Some drugs listed under the Mental & Emotional section may be used for sleep, including Mirtazapine (Remeron), Quetiapine (Seroquel), and Trazodone (Desyrel).

THYROID REPLACEMENT & ANTI-THYROID:

- ❖ Levothyroxine (*Synthroid, Levothroid, Levoxyl*)
- ❖ Liothyronine (*Cytomel*)
- ❖ Methimazole (*Tapazole*)
- ❖ Propylthiouracil (*PTU*)
- ❖ Thyroid, dessicated (*Armour Thyroid*)

VITAMINS / HERBALS:

- ❖ Alfalfa
- ❖ Aloe Vera
- ❖ Bee Pollen
- ❖ Black Pepper
- ❖ Calcium
- ❖ Cat's Claw
- ❖ Echinacea
- ❖ EPA (*Eicosapentaenoic Acid*)
- ❖ Fish Oil
- ❖ Flaxseed Oil
- ❖ Folic Acid
- ❖ Ginger
- ❖ Glucosamine Chondroitin
- ❖ Iron
- ❖ Lactobacillus
- ❖ MSM
- ❖ Multivitamin Combos (*Not Liquid*)
- ❖ Red Clover (*Not in alcohol base.*)
- ❖ Saw Palmetto
- ❖ Soy Isoflavones
- ❖ Vitamin B
- ❖ Vitamin B / C Complex
- ❖ Vitamin C
- ❖ Vitamin D
- ❖ Vitamin E

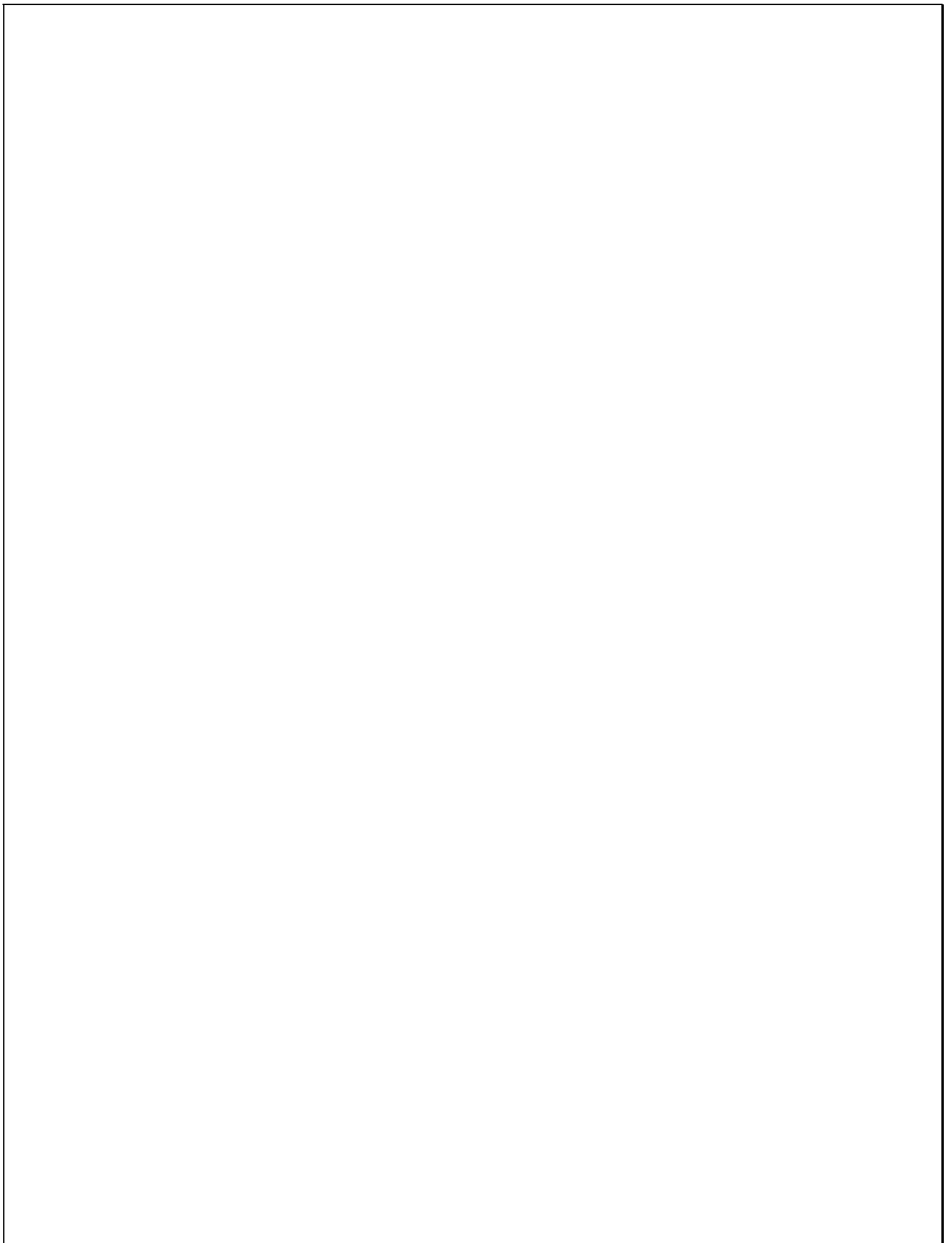
- *Herbal medications purchased from health food stores may contain substances that are a sedative or a stimulant and may negatively impact your recovery and/or cause positive drug screens. It is your responsibility to have herbal medications inspected and approved by the Treatment Coordinator.*



Various generic brands are most cost effective. Examples of brand names are: Centrum, Centrum Silver, Flintstones, Gummy Vites, One-A-Day, and Prenatal-S. USE TABLETS ONLY, UNLESS LIQUID PREPARATIONS STATE THAT THEY ARE ALCOHOL FREE.

WEIGHT LOSS / APPETITE CONTROL:

- ❖ SlimFast Shakes / Bars
- ❖ Meal Replacement Bars



COMMUNITY RESOURCES:

Hospitals

- DeKalb Medical Center 404-501-1000
- Grady Memorial Hospital - Main # 404-616-1000
- Emory University Hospital 404-712-2000
- Veterans' Administration Medical Ctr. 404-321-6111
- Summit Ridge (Inpatient Psych & Detox) 770-822-2200

Crisis Lines

- DeKalb County Comm. Crisis Center 404-892-4646
- DeKalb Rape Crisis Center 404-377-1428
- GA Domestic Violence Hotline 1-800-334-2836
- GA Child Abuse Hotline 1-800-422-4453

Substance Abuse

- Alcoholics Anonymous Georgia
www.aaatlanta.org/meetings.php 404-525-3178
- Cocaine Hotline 1-800-262-2463
- Narcotics Anonymous Atlanta 404-708-3219

Other Resources

- DeKalb County Probation Office: 404-371-2822
- DeKalb County Solicitor's Office: 404-371-2200
- Georgia Dept. of Labor DeKalb County
3879 Covington Highway
Decatur, GA 30032 404-298-3970
- Consumer Credit Counseling 404-527-7630
- DeKalb County Family & Children Services 404-370-5000
- DeKalb County Housing Authority:
Commerce Dr., Decatur 404-270-2500
- Salvation Army:
Adult Rehabilitation Center 404-522-9785
- United Way - Information & Referral 2 - 1 - 1



**DeKalb County D.U.I. Court
Supervised Treatment Program
3630 Camp Circle, Suite 101
Decatur, Georgia 30032
Phone: 404-294-2509 or 404-294-2510**

http://web.co.dekalb.ga.us/StateCourt/dui_mission.htm