



# DeKalb County D.U.I. Court Supervised Treatment Program

## MEDICATION GUIDE



# Medication Guide 2012

DeKalb County State Court  
Decatur, Georgia

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**WELCOME TO THE DEKALB COUNTY  
D.U.I. COURT SUPERVISED TREATMENT PROGRAM.**

*This 2012 Medication Guide was developed as a collaborative effort by Becky Pirouz, Pharm.D., Director of Pharmacy, Peachford Hospital, and by Lois Michalove, Treatment Coordinator for the DeKalb County D.U.I. Court Supervised Treatment Program, both of whom have extensive experience in addiction recovery and treatment.*

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The following information is intended to assist you in making decisions about medications. This may include those medications that you are prescribed and/or your selection of over-the-counter (OTC) products. Unintended exposure may compromise your treatment program. This is not an exhaustive list, but contains some of the medications that are most commonly used. If in doubt, always consult the Treatment Coordinator. Please inform your physician, dentist, pharmacist and other health care professionals that you are in a recovery program.

**WE ARE A ZERO-TOLERANCE PROGRAM!  
DO NOT COMPROMISE YOUR RECOVERY BY MAKING HIGH-RISK CHOICES!**

## **- Section 1 –** **Drugs To Avoid**

The following drugs must not be used at any time. They are well known to be abused and even small amounts may result in relapse and are contraindicated in your treatment program. However, extenuating circumstances may occur which necessitates the short-term limited use of some of the drugs on this list in consultation with your physician, the Judge and the Treatment Coordinator. This decision should be made prior to your ingestion of any of the *Drugs to Avoid*.

### **ALCOHOL & ALCOHOL CONTAINING PRODUCTS:**

Ales  
Beers (including Non-Alcoholic forms)  
Liqueurs  
Malt Beverages  
Whiskey  
Wine (including Non-Alcoholic forms)  
Wine Cooler



*Note that many liquid cough / cold preparations, vitamin preparations and other liquid OTC and prescription medications may contain alcohol – **use the tablet forms**. Additionally, some topical products, soft-gels and capsules may contain alcohol and should be avoided.*

### **COUGH & COLD PREPARATIONS:**

*The below list contains some common products, but it is not an exhaustive list.*

#### **Hydrocodone Combo Products:**

Duratuss  
Hycodan Tabs  
Hycodan Syrup  
Hycomine  
Hycotuss  
Hydromet  
Tussionex  
VicoTuss

#### **Codeine Combo Products:**

Ambenyl  
Guiatuss  
Mytussin Nucofed  
Phenergan w/Codeine  
Robitussin AC

#### **Dextromethorphan:**

Contac  
Comtrex  
Delsym  
Mucinex DM  
Nyquil  
Robitussin DM  
Vicks Formula 44D

*Any preparations containing narcotics (such as Codeine, Hydrocodone and/or Dextromethorphan) should not be used. Additionally, any liquid preparation may contain alcohol. **READ LABELS and ASK YOUR PHARMACIST!***

## **DRUGS FOR PAIN:**

### Opiates / Opiate Like:

Buprenorphine (*Subutex, Buprenex*)  
Buprenorphine / Naloxone (*Suboxone*)  
Butorphanol (*Stadol*)  
Codeine (*Tylenol w/Codeine, Fiorinal w/Codeine, ASA w/Codeine*)  
Fentanyl (*Duragesic Patch, Innovar Injection, Actiq Lozenge, Fentanyl Nasal Spray, Sublimaze*)  
Hydrocodone & Combinations (*Lorcet, Lortab, Norco, Tussionex, Synalgos, Synalgos DC, Hycodan Syrup*)  
Hydromorphone (*Dilaudid*)  
Heroin (*Smack, Junk, Horse*)  
Levorphanol (*Levo-Dromoran is injection only.*)  
Meperidine (*Demerol, Mepergan Fortis*)  
Methadone (*Dolophine*)  
Morphine (*MS Contin, Kadian, Roxanol, various*)  
Nalbuphine (*Nubain*)  
Oxycodone & Combinations (*Oxycontin, Percocet, Roxicodone, Oxy IR, Percodan, Tylox, Roxicet*)  
Paregoric  
Pentazocine & Combinations (*Talwin, Talacen*)  
Tincture of Opium

### Miscellaneous / Muscle Relaxants / Other:

Carisoprodol (*Soma, Soma Compound*)  
Chlorzoxazone (*Parafon Forte*)  
Cyclobenzaprine (*Flexeril*)  
Diphenoxylate / Atropine (*Lomotil*)  
Methocarbamol (*Robaxin, Robaxisal*)  
Orphenadrine (*Norflex, Norgesic*)  
Pregabalin (*Lyrica*)  
Tramadol (*Ultram*)

*All propoxyphene and preparations (Darvon, Darvocet, Dolene) have been removed from United States markets, but are still available in some foreign countries.*

## **SLEEP AIDS & TRANQUILIZERS:**

### Benzodiazepines:

Alprazolam (*Xanax*)  
Clonazepam (*Klonopin*) – May be used for seizure disorders – must be approved by the Treatment Coordinator.

## SLEEP AIDS & TRANQUILIZERS – cont'd:

Clorazepate (*Tranxene*)  
Diazepam (*Valium*) Estazolam (*Prosom*) \*\*  
Flurazepam (*Dalmane*)  
Halazepam (*Paxipam*) \*\*  
Lorazepam (*Ativan*)  
Midazolam (*Versed*)  
Oxazepam (*Serax*)  
Quazepam (*Doral*)  
Temazepam (*Restoril*)  
Triazolam (*Halcion*)

**\*\* Estazolam (*Prosom*)  
and Halazepam (*Paxipam*)  
are marketed outside of the  
United States.**

## Barbiturates - Oral:

Amobarbital / Secobarbital (*Tuinal, AMAS Trees, Rainbows*)  
Butabarbital (*Butisol*)  
Butalbital (One of the combination ingredients in *Fiorinal, Fioricet, Endolor, Cephadyn, Esgic, Esgic Plus, Donnatal* and others.)  
Mephobarbital (*Mebaral*)  
Pentobarbital (*Nembutal, Yellow Jackets, Cafatine* – PB is combo drug)  
Phenobarbital (*Luminal, Blue Heavens*, various trade names. Phenobarbital is also contained in *Donnatal*.)

## Barbiturates – Injectable:

Amobarbital (*Amytal*)  
Methohexital (*Brevital*)  
Pentobarbital (*Nembutal*)  
Thiopental (*Pentothal*)

## Miscellaneous:

Chloral Hydrate (*Noctec, Somnote*)  
Eszopiclone (*Lunesta*)  
Meprobamate (*Miltown, Equanil*)  
Zaleplon (*Sonata*)  
Zolpidem (*Ambien*)

## STIMULANTS:

### Amphetamine:

Benzphetamine (*Didrex*)  
Dextroamphetamine (*Dexedrine, Dexies, Hearts*)  
Lisdexamfetamine (*Vyvanse*)  
Methamphetamine (*Desoxyn*)  
Mixed Amphetamine Salts (*Adderall, Adderall XR*)

## Non-Amphetamine:

Cocaine

Diethylpropion (*Tenuate*)

Fenfluramine (*Pondimin*) - - No longer available in the United States.

Methylphenidate (*Ritalin, Methylin, Metadate*)

Methylphenidate ER (*Concerta, Metadate, Ritalin SR, Daytrana, Methylin SR*)

Phendimetrazine (*Melfiat, Phenazine, Prelu-2, Bontril*)

Phenmetrazine (*Preludin*) - - Not available in the United States.

Phentermine (*Ionamin, Fastin, Adipex*)

## HALLUCINOGENS:

5-MeO-DIPT (*Foxy Methoxy*)

Bath Salts

Cannabis (*Grass, Marijuana, Pot, Weed*)

DMT (*Dimethyltryptamine*)

Ketamine (*Special K*)

LSD (*Acid, Blotter, Window Pane, Paper, Sunshine*)

Marinol (*Dronabinol*) - May be used medicinally, but must be approved by Treatment Coordinator.

MDMA (*E, Eckies, Ecstasy, Love Drug*)

Mescaline (*Peyote*)

PCP (*Angel Dust, Phencyclidine*)

Psilocybin (*Magic Mushroom, "Shrooms"*)

Spice

STP (*DOM*)

## INHALANTS:

Acetone (*Nail polish remover*)

Aerosols

Airplane Glue

Amyl Nitrate (*Poppers*)

Butyl Nitrate

Gases (*Ether, Chloroform, Nitrous Oxide, Butane, Propane, whipped cream dispensers*)

Paint (*Butane, Toluene, Propane*)

Solvent (*Paint Thinner, Gasoline, Glue, Correction Fluid, Felt Tip Marker*)

Varnish (*Xylene, Toluene*)

## PERSONAL HYGIENE:

Hand Sanitizers (unless alcohol free)



*Do not use any product with Ethyl Alcohol listed as an ingredient. READ LABELS!*

**OTHER SUBSTANCES TO AVOID:**

Bisques & Soups with added liqueurs  
Cooking Wines / Marinades (Marsala, Sherry, Wine Vinegar, some BBQ Sauces)  
Crème de Cacao  
Crème de Menthe (Grasshopper pie)  
Energy Drinks (All brands and types)  
Extracts (Vanilla & other flavorings)  
Flambeed Meat or Dessert  
Grand Marnier (In mousses and other desserts)  
Kahlua  
Performance Enhancement Herbal Products  
Poppyseeds (Bagels, cakes)  
Vaping Products or e-Cigarettes  
GNC Products



*Even after cooking, foods may retain varying amounts of alcohol. Check all ingredients and ask before ingesting.*

**- Section 2 -**  
**Safe Medications**  
**In Addiction Recovery**

The drugs in this section are generally considered safe to take when in addiction recovery programs. However, use of any medications, including those prescribed by a physician as well as over-the-counter (OTC) drugs, can result in untoward effects. Some of the drugs on this list may result in a false positive urine drug screen. If in doubt, check with your Treatment Coordinator. Always inform your Treatment Coordinator if you are taking any drugs on this list.

It is a reality of addiction that it is easy to change from one “favorite” substance to another substance. Treatment program goals will help you be more aware of your tendency to want to manipulate your mood. If the necessity of utilization of medications occurs, you must be vigilant in informing your physician that you are recovering and keeping your Treatment Coordinator aware of your medications. This list is intended to assist you in selecting medications that will not negatively impact your treatment and recovery.



*Do not use any medication, vitamin, herbal or topical liquid / lotion that has alcohol as an ingredient, or states that the medication may be habit-forming.*

**ADDICTION**  
**TREATMENTS:**

Acamprosate (*Campral*)  
Bupropion (*Zyban*)  
Clonidine (*Catapres*)  
Disulfiram (*Antabuse*)  
Naltrexone (*Revia*)  
Naltrexone (*Vivitrol*)  
Varenicline (*Chantix*)

**ADHD / ADD:**

Atomoxetine  
(*Strattera*)  
Clonidine (*Catapres*)

**ALZHEIMERS /**  
**DEMENTIA:**

Donepezil (*Aricept*)  
Galantamine  
(*Razadyne*)  
Memantine  
(*Namenda*)  
Rivastigmine  
(*Exelon*)



**ANTIBIOTICS / ANTIVIRALS / DRUGS FOR INFECTIONS - Oral:**

Acyclovir ( <i>Zovirax</i> )	Ciprofloxacin ( <i>Cipro</i> )	Loracarbef ( <i>Lorabid</i> )
Amoxicillin ( <i>Amoxil</i> )	Clarithromycin	Metronidazole
Amoxicillin / Clavulanate ( <i>Augmentin</i> )	( <i>Biaxin</i> )	( <i>Flagyl</i> )
Azithromycin ( <i>Zithromax</i> )	Clindamycin ( <i>Cleocin</i> )	Minocycline ( <i>Minocin</i> )
Cefaclor ( <i>Ceclor</i> )	Doxycycline ( <i>Doryx</i> )	Moxifloxacin ( <i>Avelox</i> )
Cefadroxil ( <i>Duricef</i> )	Doxycycline	Nitrofurantoin
Cefdinir ( <i>Omnicef</i> )	( <i>Vibramycin</i> )	( <i>Macrobid</i> )
Cefpodoxime ( <i>Vantin</i> )	Erythromycin ( <i>E-</i>	Oseltamavir ( <i>Tamiflu</i> )
Cefprozil ( <i>Cefzil</i> )	<i>Mycin</i> )	Penicillin ( <i>Pen VK</i> )
Cefuroxime ( <i>Ceftin</i> )	Fluconazole ( <i>Diflucan</i> )	Sulfamethoxazole/Tri
Cephalexin ( <i>Keflex</i> )	Gatifloxacin ( <i>Tequin</i> )	methoprim ( <i>Bactrim,</i>
	Itraconazole	<i>Septa</i> )
	( <i>Sporanox</i> )	Tetracycline
	Levofloxacin	( <i>Sumycin</i> )
	( <i>Levaquin</i> )	Valacyclovir ( <i>Valtrex</i> )

**ANTIBIOTIC / ANTIVIRAL /  
ANTIFUNGAL DRUGS - Topical:**

Acyclovir (*Zovirax*)  
Bacitracin/Polymyxin (*Polysporin*)  
Bacitracin/Polymyxin/Neomycin  
(*Neosporin*)  
Clotrimazole (*Lotrimin*)  
Docosanol (*Abreva*)  
Mycostatin (*Monistat*)  
Penciclovir (*Denavir*)  
Terbinafine (*Lamisil*)  
Tolnaftate (*Tinactin*)

**ANTI-HISTAMINES / ALLERGIES:**

**Allergies (Non-Sedating Antihistamines):**

Cetirizine (*Zyrtec*)  
Desloratadine (*Clarinet*)  
Fexofenadine (*Allegra*)  
Loratadine (*Claritin, Alavert*)

**Allergies (Sedating  
Antihistamines):**

Brompheniramine (*Dimetane*) \*\*  
Chlorpheniramine (*Chlor-Trimeton*) \*\*  
Clemastine (*Tavist*) \*\*  
Diphenhydramine (*Benadryl*) \*\*  
Hydroxyzine (*Atarax, Vistaril*) \*\*

**\*\* These products on the left should  
only be used with Treatment Coordinator  
approval as they may cause sedation and  
may negatively impact your recovery.**

**ANTIBIOTIC / ANTIVIRAL / ANTIFUNGAL DRUGS - Topical:**

Acyclovir (*Zovirax*)  
Bacitracin/Polymyxin (*Polysporin*)  
Bacitracin/Polymyxin/Neomycin (*Neosporin*)  
Clotrimazole (*Lotrimin*)  
Docosanol (*Abreva*)  
Mycostatin (*Monistat*)  
Penciclovir (*Denavir*)  
Terbinafine (*Lamisil*)  
Tolnaftate (*Tinactin*)

**ANTI-HISTAMINES / ALLERGIES:**

Allergies (Non-Sedating Antihistamines):

Cetirizine (*Zyrtec*)  
Desloratadine (*Clarinex*)  
Fexofenadine (*Allegra*)  
Loratadine (*Claritin, Alavert*)

Allergies (Sedating Antihistamines):

Brompheniramine (*Dimetane*) \*\*  
Chlorpheniramine (*Chlor-Trimeton*) \*\*  
Clemastine (*Tavist*) \*\*  
Diphenhydramine (*Benadryl*) \*\*  
Hydroxyzine (*Atarax, Vistaril*) \*\*

**\*\* These products on the left should only be used with Treatment Coordinator approval as they may cause sedation and may negatively impact your recovery.**

**ASTHMA / ALLERGIES / COPD / PULMONARY DISORDERS:**

Inhalers:

Albuterol (*Pro-Air, Ventolin*)  
Albuterol/Ipratropium (*Combivent*)  
Beclomethasone (*QVAR*)  
Budesonide (*Pulmicort*)  
Fluticasone (*Flovent*)  
Fluticasone / Salmeterol (*Advair*)  
Formoterol (*Foradil*)  
Ipratropium (*Atrovent*)  
Levalbuterol (*Xopenex*)  
Mometasone (*Asmanex*)  
Salmeterol (*Serevent*)  
Theophylline  
Tiotropium (*Spiriva*)  
Triamcinolone (*Azmacort*)

**ASTHMA / ALLERGIES / COPD / PULMONARY DISORDERS – cont'd:**

Oral:

Montelukast (*Singulair*)  
Zafirkulast (*Accolate*)

**BPH / PROSTATE:**

Alfuzosin (*Uroxatral*)  
Doxazosin (*Cardura*)  
Dutasteride (*Avodart*)  
Finasteride (*Proscar*)  
Silodosin (*Rapaflo*)  
Tamsulosin (*Flomax*)  
Terazosin (*Hytrin*)

## **CARDIOVASCULAR:**

### **(Blood Pressure / Anticoagulants / Anti-Platelet / Cholesterol Lowering / Diuretics)**

Amlodipine ( <i>Norvasc</i> )	Enalapril ( <i>Vasotec</i> )	Metoprolol ( <i>Lopressor</i> )
Amlodipine/Benazepril ( <i>Lotrel</i> )	Enoxaparin ( <i>Lovenox</i> )	Niacin ( <i>Niaspan</i> )
Aspirin	Ezetimibe ( <i>Zetia</i> )	Nisoldipine ( <i>Sular</i> )
Atenolol ( <i>Tenormin</i> )	Ezetimibe/Simvastatin ( <i>Vytorin</i> )	Nitroglycerin
Atorvastatin ( <i>Lipitor</i> )	Fenofibrate ( <i>Tricor</i> )	Olmesartan ( <i>Benicar</i> )
Benazepril ( <i>Lotensin</i> )	Fosinopril ( <i>Monopril</i> )	Pravastatin ( <i>Pravachol</i> )
Bumetadine ( <i>Bumex</i> )	Furosemide ( <i>Lasix</i> )	Propranolol ( <i>Inderal</i> )
Captopril ( <i>Capoten</i> )	Gemfibrozil ( <i>Lopid</i> )	Quinapril ( <i>Accupril</i> )
Candesartan ( <i>Atacand</i> )	Heparin	Ramipril ( <i>Altace</i> )
Carvedilol ( <i>Coreg</i> )	Hydrochlorothiazide	Rosuvastatin ( <i>Crestor</i> )
Cholestyramine ( <i>Questran</i> )	( <i>Hydrodiuril</i> )	Simvastatin ( <i>Zocor</i> )
Clopidogrel ( <i>Plavix</i> )	Hydrochlorothiazide/Triamterene ( <i>Maxzide, Dyazide</i> )	Sotalol ( <i>Betapace</i> )
Dalteparin ( <i>Fragmin</i> )	Irbesartan ( <i>Avapro</i> )	Spirolactone ( <i>Aldactone</i> )
Digoxin ( <i>Lanoxin</i> )	Irbesartan/HCTZ ( <i>Avalide</i> )	Torsemide ( <i>Demadex</i> )
Diltiazem ( <i>Cardizem, Cardizem CD</i> )	Isosorbide ( <i>Imdur, Isordil</i> )	Valsartan ( <i>Diovan</i> )
	Lisinopril ( <i>Zestril, Prinivil</i> )	Verapamil ( <i>Calan, Calan SR</i> )
	Losartan ( <i>Cozaar</i> )	Warfarin ( <i>Coumadin</i> )
	Losartan/HCTZ ( <i>Hyzaar</i> )	

## **COUGH / COLDS / NASAL CONGESTION / CHEST CONGESTION:**

(See also *Drugs for Allergies*)

### **Cough & Expectorant Preparations:**

Benzonatate (*Tessalon Perles*)  
Cepacol Lozenges  
Chloraseptic Lozenges  
Guaifenesin (*Humibid LA, Mucinex, Robitussin*)  
Halls Cough Drops  
Ludens Cough Drops



**Avoid liquid preparations which may contain alcohol.**

Decongestants:

Combination products with Pseudoephedrine (*Actifed, Cardec, Clartin D, Deconamine, Dimetapp, Entex PSE, Mucinex D, Novafed, Sudafed, Zyrtec D*)

Combination products with Phenylephrine (*Entex LA, Nalex, Rondec, Rynatan, Sudafed Non-Drowsy, Tussafed*)

 **Decongestants should be used only with Treatment Coordinator approval because they are stimulating and can negatively impact your recovery.**

Nasal Gels & Sprays - OTC:

Cromolyn (*NasalCrom*)

Desoxyephedrine (*Vicks Nasal Inhaler*)

Oxymetazoline (*Afrin, Dristan*) \*\*

Phenylephrine (*Vicks Sinex, 4 Way Nasal Spray, NeoSynephrine*) \*\*

Saline (*Ocean, Seasoft, Ayr*)

Zicam Nasal Gel

Prescription:

Azelastine (*Astelin*)

Fluticasone (*Flonase*)

Mometasone (*Nasonex*)

Budesonine (*Rhinocort*)

Ipratropium (*Atrovent*)

Triamcinolone (*Nasacort*)

**\*\* Note the warning on OTC products to use for maximum of 3 days \*\*.**

## **DIABETES / BLOOD SUGAR:**

Acarbose (*Precose*)  
Chlorpropamide (*Diabenese*)  
Exenatide (*Byetta*)  
Insulins (*Apidra, Humalog, Humulin, Lantus, Levemir, Novolog, Novolin, NPH, regular*)  
Glimepiride (*Amaryl*)  
Glipizide (*Glucotrol*)  
Glyburide (*Diabeta, Micronase*)  
Linagliptin (*Tradjenta*)  
Linagliptin/Metformin (*Jentadueto*)  
Miglitol (*Glyset*)  
Nateglinide (*Starlix*)  
Pioglitazone (*Actos*)  
Repaglinide (*Prandin*)  
Rosiglitazone (*Avandia*)  
Sitagliptin (*Januvia*)

***When in doubt,  
ask your  
Treatment  
Coordinator!***

## **ERECTILE DYSFUNCTION:**

Sildenafil (*Viagra, Adcirca*)  
Tadalafil (*Cialis*)  
Vardenafil (*Levitra, Staxyn*)

## **EYE DISORDERS / DRY EYE / GLAUCOMA:**

Betaxalol (*Betoptic*)  
Bimatoprost (*Lumigan*)  
Brimonidine (*Alphagan P*)  
Brinzolamide (*Azopt*)  
Carboxymethylcellulose (*Tears, Natural Tears, Systane*)  
Cyclosporine (*Restasis*)  
Dorzolamide (*Trusopt*)  
Dorzolamide / Timolol (*Cosopt*)  
Latanoprost (*Xalatan*)  
Metipranolol (*Optipranolol*)  
Tetrahydrozoline (*Visine, Clear Eyes*)  
Timolol (*Timoptic*)

## **GASTROINTESTINAL PRODUCTS:**

### Antacids / Gerd - OTC:

Aluminum / Magnesium / Calcium & Combo Products (*Alamag, Basaljel, Gaviscon, Maalox, Mag-Al, Mylanta, Riopan, Rolaids, Rulox, Tums, various generic products*)

Famotidine (*Pepcid*)

Ranitidine (*Zantac*)

Omeprazole (*Prilosec*) - Omeprazole / Na Bicarb (*Zegerid*)

### Antacids / Gerd - Prescription:

Deslansoprazole (*Dexilant*)  
Esomeprazole (*Nexium*)  
Metoclopramide (*Reglan*)

Pantoprazole (*Protonix*)  
Rabeprazole (*Aciphex*)

Constipation:

Bisacodyl (*Dulcolax* – tablet / suppositories)  
Docusate (*Colace*)  
Fiber products (*Benefiber, Fibercon*)  
Glycerin Suppositories  
Magnesium Citrate  
*Milk of Magnesia*

Mineral Oil  
Polyethylene Glycol (*Miralax*)  
Psyllium (*Metamucil, Benefiber*)  
Senna (*Senokot*)  
Senna / Docusate (*Peri-Colace*)

Diarrhea / Gas:

Bismuth Subsalicylate (*Pepto-Bismol, Kaopectate*)  
Loperamide (*Imodium*)  
Simethicone (*Mylicon*)

GASTROINTESTINAL PRODUCTS – cont'd:

IBS / Colitis / Chronn's:

Alosetron (*Lotronex*)  
Anticholinergic / Antispasmodics – (May be used for diarrhea like *Levsin, Bentyl, Anaspaz*)  
Lubiprostone (*Amitiza*)  
Mesalamine (*Asacol, Lialda, Pentasa, Rowasa*)

 **Do not take *Donnatal* as it contains *Phenobarbital* and will show positive in a urine drug screen.**

Nausea - OTC:

Bismuth Subsalicylate (*Pepto-Bismol, Kaopectate*)  
Dimenhydrinate (*Dramamine*) \*\*  
Meclizine (*Bonine, Antivert*) \*\*  
Phosphorylated

Nausea - Prescription:

Metoclopramide (*Reglan*)  
Ondansetron (*Zofran*)  
Scopolamine (*Transderm Scop*)  
Carbohydrate (*Emetrol*)

**\*\* May cause dizziness and/or drowsiness – use other products first. \*\***

 **Any other prescription drugs for nausea must be approved by the Treatment Coordinator prior to ingestion of medication.**

Stomach Cramps:

Dicyclomine (*Bentyl*)  
Hyoscyamine (*Levsin*)

**GOUT:**

Allopurinol (Zyloprim)  
Colchicine (Various)  
Febuxostat (Uloric)

**GYNECOLOGIC / HORMONES / BIRTH CONTROL:**

Estrogens – Oral, Topical and Vaginal:

*Premarin*  
*Menest*  
*Estrace*  
*Vagifem*  
*Femring*  
*Estring*  
*Enjuvia*  
*DepoProvera*

Estrogen / Progestin Combos:

*PremPro* (various)

Estrogen / Receptor Modulator:

*Evista*

Estrogen / Testosterone Combos:

*Estratest* (various)  
Oral Birth Control Pills  
Progesterone (*Prometrium*)  
Spermicides

**HEMORRHOIDS:**

Rectal Creams / Suppositories / Foams:

Shark Liver Oil, Phenylephrine, Petrolatum (*Preparation H*)  
Hydrocortisone (*Anusol, Anusol HC, Preparation HC, Proctofoam*)  
Pramoxine and Pramoxine HC (*Proctofoam, Proctofoam HC*)



*Vaginal and  
topical gels and  
spermicides may  
have alcohol in  
them.  
READ LABELS!*



## **HIV / AIDS TREATMENT:**

Abacavir ( <i>Ziagen</i> )	( <i>Atripla</i> )	Rilpivirine ( <i>Endurant</i> )
Abacavir + Lamivudine ( <i>Epzicom</i> , <i>Kyvexa</i> )	Emtricitabine ( <i>Emtriva</i> ) Enfuvirtide ( <i>Fuzeon</i> ) Etravirine ( <i>Intelence</i> )	Rilpivirine+Tenofovir+Emt ricitabine ( <i>Complera</i> , <i>Eviplera</i> )
Abacavir+Zidovudine+Lam ivudine ( <i>Trizivir</i> )	Fosamprenavir ( <i>Lexiva</i> ) Hydroxychloroquine ( <i>Plaquenil</i> )	Ritonavir ( <i>Norvir</i> ) Saquinavir ( <i>Invirase</i> ) Stavudine ( <i>Zerit</i> )
Amprenavir ( <i>Agenerase</i> )	Hydroxyurea ( <i>Hydrea</i> )	Tenofovir ( <i>Vilread</i> )
Atazanavir ( <i>Reyataz</i> )	Indinavir ( <i>Crixivan</i> )	Tenofovir+Emtricitabine ( <i>Truvada</i> )
Chloroquine ( <i>Aralen</i> )	Lamivudine ( <i>Epivir</i> )	Tipranavir ( <i>Aptivua</i> )
Darunavir ( <i>Prezista</i> )	Lopinavir+Ritonavir ( <i>Kaletra</i> )	Zanamivir ( <i>Relenza</i> )
Delavirdine ( <i>Rescriptor</i> )	Nelfinavir ( <i>Viracept</i> )	Zidovudine ( <i>Retrovir</i> )
Didanosine ( <i>Videx</i> , <i>Videx EC</i> )	Nevirapine ( <i>Viramune</i> , <i>Viramine XR</i> )	Zidovudine+Lamivudine ( <i>Combivir</i> )
Efavirenz ( <i>Sustiva</i> )	Raltegravir ( <i>Isentress</i> )	
Efavirenz+Tenofovir+Emtr icitabine	Rilpivirine ( <i>Edurant</i> )	

## **HOUSEHOLD CLEANING PRODUCTS:**

Be aware that many household cleaning products contain alcohol. Incidental exposure may result in a positive urine drug screen. Read labels and wear gloves.

## **INCONTINENCE / OVERACTIVE BLADDER / CYSTITIS:**

Darifenacin (*Enablex*)  
Fesoterodine (*Toviaz*)  
Oxybutynin (*Ditropan*, *Ditropan XL*)  
Solifenacin (*Vesicare*)  
Tolterodine (*Detrol*, *Detrol LA*)  
Phenazopyridine (*Pyridium*)

**MENTAL & EMOTIONAL DISORDERS / MOOD STABILIZATION /  
DEPRESSION / BIPOLAR / SCHIZOPHRENIA / SEIZURES:**

Amitriptyline (*Elavil*)  
Aripiprazole (*Abilify*)  
Atomoxetine (*Strattera*)  
Bupropion (*Wellbutrin*)  
Buspirone (*Buspar*)  
Carbamazepine (*Tegretol, Carbatrol*)  
Chlorpromazine (*Thorazine*)  
Citalopram (*Celexa*)  
Clozapine (*Clozaril*)  
Divalproex (*Depakote, Depakote ER*)  
Doxepin (*Sinequan*)  
Duloxetine (*Cymbalta*)  
Escitalopram (*Lexapro*)  
Ethosuxamide (*Zarontin*)  
Fluoxetine (*Prozac*)  
Fluvoxamine (*Luvox*)  
Gabapentin (*Neurontin*)  
Haloperidol (*Haldol*)  
Lamotrigine (*Lamictal*)  
Levetiracetam (*Keppra*)  
Lithium (*Eskalith*)  
Mirtazapine (*Remeron*)  
Nefazodone  
Nortriptyline (*Pamelor*)  
Olanzapine (*Zyprexa*)  
Oxcarbazepine (*Trileptal*)  
Paroxetine (*Paxil*)  
Perphenazine (*Trilafon*)  
Phenytoin (*Dilantin*)  
Quetiapine (*Seroquel*)  
Risperidone (*Risperdal*)  
Sertraline (*Zoloft*)  
Tiagabine (*Gabitril*)  
Zonisamide (*Zonegran*)  
Topiramate (*Topamax*)  
Trazodone (*Desyrel*)  
Valproic Acid (*Depakene*)  
Venlafaxine (*Effexor / Effexor XR*)  
Vilazodone (*Viibryd*)  
Ziprasidone (*Geodon*)

## **MIGRAINE / HEADACHES:**

Almotriptan (*Axert*)  
Amipriptyline (*Elavil*)  
Eletriptan (*Relpax*)  
Frovatriptan (*Frova*)  
Naproxen / Sumatriptan (*Trexima*)  
Naratriptan (*Amerge*)  
Rizatriptan (*Maxalt*)  
Sumatriptan (*Imitrex*)  
Topiramate (*Topamax*)  
Zolmitriptan (*Zomig*)

## **PAIN RELIEF:**

### **Oral:**

Acetaminophen (*Tylenol*)  
Asprin (Various brands)  
Celecoxib (*Celebrex*)  
Diclofenac (*Voltaren*)  
Disalcid (*Salsalate*)  
Etodolac (*Lodine*)  
Ibuprofen (*Advil, Motrin*)  
Indomethacin (*Indocin*)  
Ketoprofen (*Orudis*)  
Ketorolac (*Toradol*)  
Meloxicam (*Mobic*)  
Nabumetone (*Relafen*)  
Naproxen (*Aleve, Anaprox, Naprosyn*)  
Oxaprozin (*Daypro*)  
Piroxicam (*Feldene*)  
Sulindac (*Clinoril*)

### **Topicals:**

Aspercream  
Ben-Gay  
Epsom Salts  
Icy Hot  
Myoflex  
Zostrix (*Capsaicin*)

### **Other:**

Acupuncture  
Chiropractic  
Heating Pad  
Ice  
Massage Therapy  
Stretching

## **PARKINSONS DISEASE:**

Carbidopa / Levodopa (*Sinemet*)  
Carbidopa / Levodopa / Entacapone (*Stalevo*)  
Entacapone (*Comtan*)  
Pramipexole (*Mirapex*)  
Ropinirole (*Requip*) - Also approved for Restless Leg Syndrome

## **PERSONAL HYGIENE PRODUCTS:**

*ACT Anti-Cavity Fluoride Rinse* (alcohol-free)  
*Choice DM*  
Cosmetics (alcohol-free only.)  
*Crest Pro-Health Rinse*  
Intensive Care Lotion (*Aquaphor*)  
Lotions / Creams (*Eucerin, Lubriderm, Vaseline*)  
Mouthwashes (alcohol-free only)  
Powders, Talcs  
*Rembrandt Intense Stain Removal*  
Solid Deodorants  
Solid Soaps or Liquid (alcohol-free)  
*Tom's of Maine Natural Cleansing Mouthwash*  
Toothpastes (*Colgate, Crest* - none listing ethyl)

## **PTSD / NIGHTMARES / FLASHBACKS:**

Prazosin (*Minipres*)  
Clonidine (*Catapres*)

*See also some drugs listed under Mental & Emotional Disorders.*

## **SLEEP AIDS:**

Natural Remedies - (Meditation, Biofeedback, *Chamomile Tea, Sleepy-Time Tea*,  
Warm Milk, Hot Bath)  
Melatonin  
Ramelteon (*Rozerem*) – Rx only



*Some drugs listed under the Mental & Emotional section may be used for sleep, including Mirtazapine (Remeron), Quetiapine (Seroquel), and Trazodone (Desyrel).*

**Read package labels. Do NOT use any product listing ETHYL ALCOHOL as an ingredient.**

**THYROID REPLACEMENT & ANTI-THYROID:**

Levothyroxine (*Synthroid, Levothroid, Levoxyl*)  
Liothyronine (*Cytomel*)  
Methimazole (*Tapazole*)  
Propylthiouracil (*PTU*)  
Thyroid, dessicated (*Armour Thyroid*)

**VITAMINS / HERBALS:**

Alfalfa	Lactobacillus
Aloe Vera	MSM
Bee Pollen	Multivitamin Combos ( <i>Not Liquid</i> )
Black Pepper	Red Clover ( <i>Not in alcohol base.</i> )
Calcium	Saw Palmetto
Cat's Claw	Soy Isoflavones
Echinacea	Vitamin B
EPA ( <i>Eicosapentaenoic Acid</i> )	Vitamin B / C Complex
Fish Oil	Vitamin C
Flaxseed Oil	Vitamin D
Folic Acid	Vitamin E
Ginger	
Glucosamine Chondroitin	
Iron	

*Herbal medications purchased from health food stores may contain substances that are a sedative or a stimulant and may negatively impact your recovery and/or cause positive drug screens. It is your responsibility to have herbal medications inspected and approved by the Treatment Coordinator.*



*Various generic brands are most cost effective. Examples of brand names are: Centrum, Centrum Silver, Flintstones, Gummy Vites, One-A-Day, and Prenatal-S. USE TABLETS ONLY, UNLESS LIQUID PREPARATIONS STATE THAT THEY ARE ALCOHOL FREE.*

**WEIGHT LOSS / APPETITE CONTROL:**

SlimFast Shakes / Bars  
Meal Replacement Bars